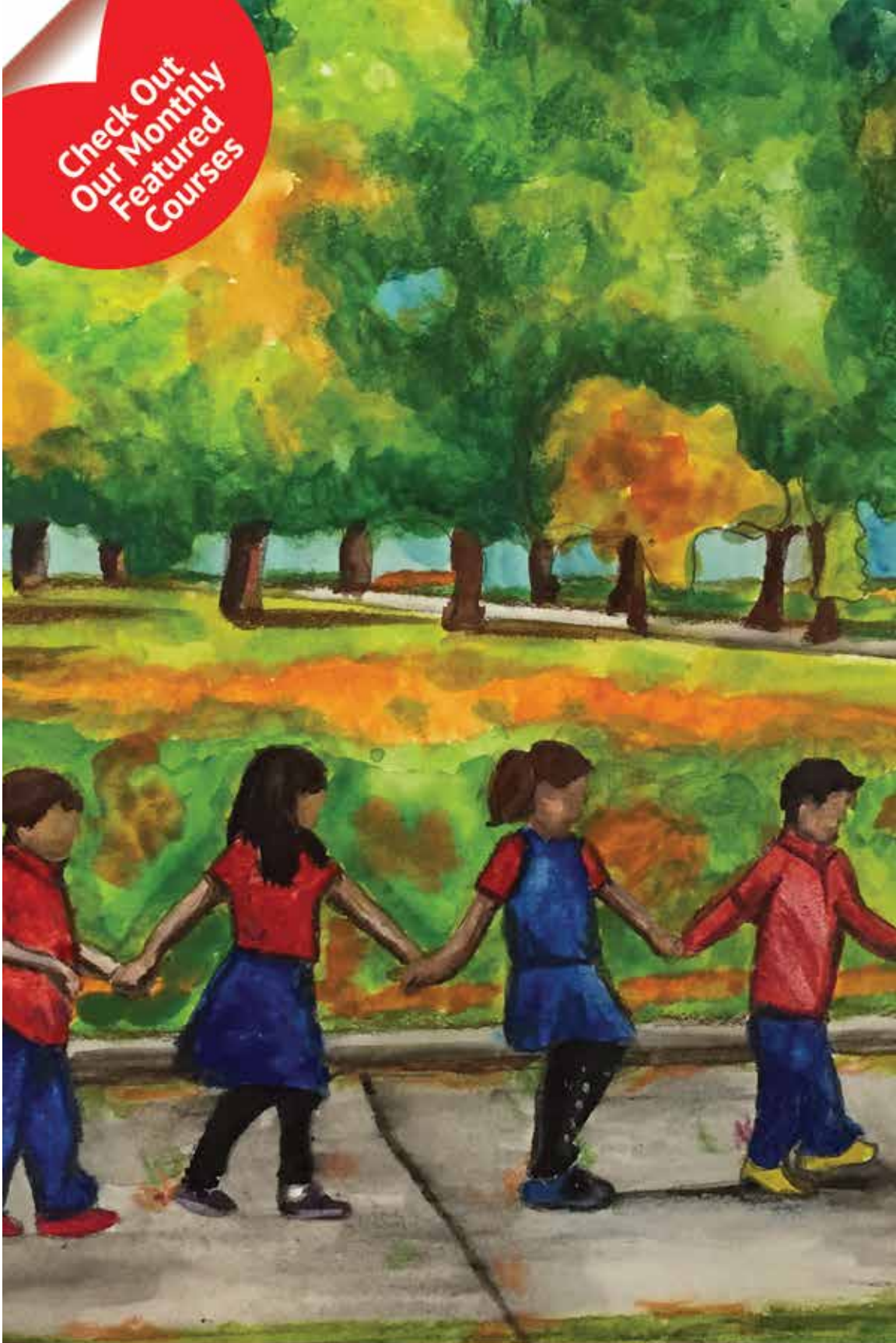


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The Heritage Institute: Distance & Online Courses for Educators

QUARTER & SEMESTER CREDIT EQUIVALENCY		
Quarter Credit	# of Hours	Semester Credit
1 Quarter Cr	10 Hours	0.66 Semester Cr
2 Quarter Cr	20 Hours	1.33 Semester Cr
3 Quarter Cr	30 Hours	2.00 Semester Cr
4 Quarter Cr	40 Hours	2.66 Semester Cr
5 Quarter Cr	50 Hours	3.33 Semester Cr
6 Quarter Cr	60 Hours	4.00 Semester Cr

Welcome to The Heritage Institute, a comprehensive, distinct, interesting and affordable source of K-12 educator professional development courses. The Heritage Institute has been a leader in educator professional development inspiring teachers in the Pacific Northwest, nationally and internationally since 1978. Our experienced instructors and classroom-tested curriculum will help you make a difference in your classroom. K-12 teachers appreciate our commitment to educate the whole child through courses that honor teacher and student strengths, the power of caring connections, and the development of character along with the acquisition of content. All our courses are self-paced and you may register at any time. Once registered you have six (6) months to complete.

-  This symbol indicates courses which involve sending assignments to your instructor by email.
-  This symbol indicates an online course in which assignment responses are posted in a password-secured online webpage.

All courses listed are available for Antioch University continuing education quarter-system credit. See the conversion table above for the quarter-system to semester-system equivalents. Antioch University is accredited by the Higher Learning Commission, 230 South Lasalle St., Chicago, IL. 60604; 800.621.7440. Antioch continuing education credits may be used to maintain your teaching certificate and for salary enhancement. Please check with your faculty advisor, state office or district administrator before registering to ensure our program meets your requirements. Please review our policies page for more information or contact our office if you have questions or would prefer to register by phone or mail. We look forward to providing you with continuing education that offers inspiration along with high academic standards.

The Heritage Institute, PO Box 1273, Freeland WA, 98249
800.445.1305; registrar@hol.edu

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Our cover art is by Camilla Herrera, a student at Lawrence High School in Lawrence, MA. Camila was a 7th grader at Parthum Middle School when she created this piece for a local auction event “Lawrence Landscapes”. A big thank you to District Art Coordinator Heather Langlois.

OVERCOMING ADVERSITY: Lessons In Life & Teaching



The great wisdom traditions as well as our own life stories point to the virtue of adversity. The obstacles and difficulties in our lives test us and can bring forth our greatest potential, leading to self-knowledge, character, courage and great achievement. You will view two movies, several TED Talks, and read two books about overcoming adversity from an Amazon and/or Goodreads list. The material reflects on the trials and successes of each life, and explores K-12 application of these themes. Text cost will vary with your selection.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED465B, ED565B 6 Quarter Cr
(4 Semester Cr)

TUITION: \$380 Credit & Hours

Brenda McKinney, M.A., is CEO of Vancouver, WA based Brain Volution. She is the developer and dynamic facilitator of workshops that teach practical thinking and learning tools for raising student achievement with the brain in mind. She has trained educators throughout the Pacific Northwest and is a popular presenter because of her ability to motivate, make things fun, and teach practical techniques for the classroom that can be used immediately. She is a popular speaker at the state, regional and national level.



The Power of Collaboration

You can register for up to three **GROUP COLLABORATION** courses per year. Read the Group Collaboration Guidelines on our website:
www.hol.edu

The Arts



ARTS WITH THE BRAIN IN MIND

Follow Eric Jensen's guidebook *Arts With the Brain in Mind* to enhance students' creative, expressive and reflective abilities. The arts are a wonderfully humanistic way to teach all subjects better, for arts educators and other teachers alike, and Jensen has proven to be one of the most readable and enthusiastic authors for educators. Text is about \$16 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED433C, ED533C 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 CEU/Clock/PDU



BARGUE DRAWING IN THE 21ST CENTURY CLASSROOM

NEW

This 19th century French drawing course fits today's 21st Century classroom. Engaging videos will provide beginning to advanced artists with the necessary classical foundation to render nature in both idealistic and realistic fashion. Learn to visually reference distance, notional space, lengths, angles and bit shading. Thirty Da Vinci Initiative videos consisting of approximately 4-5 content filled hours will guide you along the way. For teachers of grades 8-12. No additional fee. All material is free online.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: ED463E, ED563E 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



BASIC ELEMENTS OF ART: Activities For The Busy Teacher

Bridge the achievement gap in your K-12 classroom by integrating art activities into any subject. Course readings and activities include art materials, and concepts like: patterns, rhythm, primary colors, color blending, hot and cold color, shapes, line, texture, positive and negative space. In addition, you will learn to implement art vocabulary, and Internet references. This course aligns with National and State Art Standards while being fun and easy to implement. Used texts about \$20 on Amazon.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: ED444S, ED544S 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



CREATING & PUBLISHING COMICS IN THE CLASSROOM

Creating comics is a powerful teaching tool that sparks interest with struggling readers, writers, and creative visual artists. Discover the power that an innovative comic creation and publication curriculum provides. You will learn hands-on creative ready-to-use comic lessons, assessment tools, rubrics, vocabulary, character development, story ideas, online resources and ideas for developing a one of a kind published, collaboratively created comic book. Two required texts are about \$75.

INSTRUCTOR: Debora Supplitt, M.Ed.

COURSE NO: ED461R, ED561R 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



DRAMA GAMES

Learn how to use drama techniques to make everyday classroom lessons come to life. Drama Games give teachers a new educational tool for any subject by using improvisational theatre concepts as an active form of learning. Improvisational theatre gives students a fun and interactive way to learn English, reading, literature, history, communications, speech and much more. The activities in this course can be used with all ages of students and in any classroom setting. Text \$11 on Amazon.

INSTRUCTOR: Doug Larson, M.S.

COURSE NO: ED450J, ED550J 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



OBSERVATIONAL DRAWING Skills For The Teacher Artist

Open to all ability levels, Observational Drawing Skills lessons are broken down into a series of small concepts so you can practice each before incorporating it into your realistic looking still-life project. Based on drawing and design principles lesson plans will be developed for implementation into any K-12 classroom. You will purchase the 30-video online course providing nearly 5 hours of step-by-step ODS content. \$100 additional fee for ODS videos.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: ED457S, ED557S 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



Heritage Instructors

Mary Ann Johnson, M.Ed. Adm., has worked with students at all levels, from alternative high school to gifted classes. She was also a junior high school vice principal. Teaching with The Heritage Institute since 1994 she is a teacher emeritus who has led seminars for educators focusing on developing a quality learner environment for students and for teachers. Her continuing education distance courses for K-12 teachers are research-based and resonate with educators because of their user-friendly and energizing content.

Classroom Management



10 STUDENTS YOU'LL MEET IN YOUR CLASSROOM:

Tips For Secondary Teachers

This course presents the 10 personality types in most classrooms, including all the special characters you work with in the secondary classroom: the Good Kids, the Rebels, the Perfectionists, the Invisibles and more. Each introduction provides ample information on how to work with that type student. This wonderful resource improves human relations while providing practical strategies for understanding and succeeding with your interesting and varied students. Used text \$15 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED448H, ED548H 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



BATTLING BOREDOM

Not only are the 99 possible strategies explored in this book going to help engage your students, but they will banish any boredom you may be experiencing as well. Based on sound teaching practices, Bryan Harris's text offers enough variety for any classroom, teaching style, or grade level. You will have fun selecting the best fit for you, and finding out just how to get the student engagement and the focus that make teaching fun, indelible and authentic. Text \$28 new from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED448G, ED548G 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



CHALLENGING PRESCHOOLER: For PreK To Grade 3 Teachers

Every early childhood classroom has challenging students. Learn new and easy strategies for managing power struggles, disrupting, bullying, learning disabilities, behavioral disorders and more. Your students can learn to problem solve, handle their emotions appropriately, and replace negative behaviors with positive ones. You can create a positive, supportive, and healthy learning environment for your early learners through the use of many simple, applicable techniques. For Preschool through grade 3 teachers. Text is about \$11 at Amazon.

INSTRUCTOR: Kelly Lickteig, M.A.

COURSE NO: ED461Q, ED561Q 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



CLASSROOM MANAGEMENT THAT WORKS

Learn about the researched, best practices in classroom management that will reduce your stress and increase your effectiveness in developing a classroom ready to learn. Based on *Classroom Management That Works* by Robert & Debra Marzano and Debra Pickering. Text approximately \$20 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED430C, ED530C 2 Quarter Cr
(1.3 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 CEU/Clock/PDU



ESTABLISHING RULES & BOUNDARIES

Finding a balance between rules, guidelines, boundaries and suggestions can be difficult. This course challenges all educators to evaluate personal guidelines and rules, investigate strategies to teach children how to follow rules, and explore ways to modify your behavioral plans. Upon completion, you will have a clearer understanding of your own value system, how it impacts your students and a defined process of developing rules. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED445X, ED545X 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



Doug Larson, M.S.,

taught third grade and middle school in Dubois, Idaho and drama at New Mexico State University. He created original productions for elementary and high school. Doug is an award-winning playwright, drama coach and teacher. To learn more about Doug visit his website (www.freedrama.net) which provides free plays to schools and community groups around the world, or look him up on YouTube. In 2008 Doug launched his first Emmy Award winning film series followed in 2011 by his second, Paws and Stripes about veterans with PTSD helped by service dogs.

Mike Sedler, D.Min., M.S.W.,

brings over 30 years of educational experience as an administrator, social worker, behavior specialist and teacher to each of his classes. He provides consultation and offers seminars throughout the United States and Canada for schools, agencies and businesses. He has a graduate degree in Social Work, a Doctoral degree in Ministry, a Counseling license, as well as his teaching certification. All of Mike's classes are practical and field-tested in schools and classrooms. Educators have found success in implementing Mike's clear and concise approaches. For a complete list of Independent Study courses offered by Michael Sedler, please check his website: www.michaelsedler.com.



EXECUTIVE FUNCTIONING & THE TEEN BRAIN

Teenagers are both incredibly delightful and occasionally frustrating. While that is not news, why teenagers behave the way they do is news to many of us. Recent research has created a significant body of literature that explains the developmental phases of teens. Based on teen brain research, this course will help you to navigate the labyrinth of emotions, developmental differences and entertainment we often call the teenage brain. For teachers of grades 7-12. Text about \$15 on Amazon.

INSTRUCTOR: Lori Boll, M.A.

COURSE NO: ED465i ED565i 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

FIRST DAYS OF SCHOOL: From Stress To Success

With 3.3 million copies sold, our course text is a must have for new teachers and veterans alike. It is the best-selling book ever written on classroom management. Step-by-step proven skills and teacher-tested strategies lead you to success and less stress. Specific strategies to motivate K-12 students mean more time on task, leaving you more time for creatively closing the achievement gap. Used text about \$17 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED447E, ED547E 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

LEADING & MANAGING A DIFFERENTIATED CLASSROOM

Experts in differentiated instruction, Carol Ann Tomlinson and Marcia Imbeau add a fresh dimension to DI making it playful and practical. You will help students be patient with others working at different levels and speeds. The text has suggestions for classroom routines so students at various levels feel good working together, help manage noise, time and the differences between highly capable and struggling students. Used text, \$17 on Amazon, includes a Teacher's Toolbox full of great ideas.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED448i, ED548i 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

LIFE LESSONS FROM DR. SEUSS: Kindness In The K-5 Classroom

Support kindness, respect for others, an attitude for service and a variety of other positive character traits by learning how to incorporate the literature and themes found in Dr. Seuss books, one of the most beloved of children's authors. Elementary teachers will compile lists of Dr. Seuss books and videos and create lessons that enhance social and emotional learning in the classroom. Text is about \$6 on Amazon.

INSTRUCTOR: Larry Rzeznic, M.S.

COURSE NO: ED437P, ED537P 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

LOVE & LOGIC IN TEACHING

Let's focus on solutions for the frustrations and challenges in today's K-12 classroom. Love and Logic is a highly regarded teaching approach. With it you feel in control and students learn to think for themselves, raise their level of understanding, and are prepared to function in a society filled with temptation, decisions and consequences. The result is a cohesive classroom where students enjoy learning, and discipline is reduced. Used text \$8 on Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED442W, ED542W 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

ORGANIZATIONAL TEACHING SKILLS

Throughout each day, educators are expected to balance academic demands with the personal aspects of each child. The purpose of this course is to help educators to become more organized in their preparation time and in their teaching style. You will also come to understand better how you can encourage and teach a disorganized student while you facilitate their development of organizational skills. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED429W, ED529W 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



Suzanne Warner, M.S., has taught mathematics to middle school, high school and currently at the college level. Suzanne is lauded by administrators, colleagues, students and parents regarding her teaching and her classroom management skills. Her students enjoy learning in a respectful, productive environment, where each is in control of her/his own learning and behaviors. She believes that all students want to do well, and creates a teaching environment for them to succeed. Visit her website at <https://www.sites.google.com/site/warnereducation/>.

Kelly Lickteig, M.A., received her Master of Arts in Teaching from Willamette University. She has taught students ranging from preschool to eighth grade in both public and private schools. Upon starting a new position in the private sector, she was assigned the task of developing and managing a resource room that assisted both learning disabled and gifted students. Kelly has taught for The Heritage Institute since 2012.



ORGANIZING FROM THE INSIDE OUT

Learn about your personal organizational style and how to reach your goals. Three effective strategies help you organize your desk, your classroom, your filing cabinet and even your workspaces at home. You will use online resources so you can work smarter, not harder. You will also learn how to help disorganized K-12 students and families. Text is Organization from the Inside Out, available at Amazon for about \$11 new and \$3 used

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED446H, ED546H 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

SETTING LIMITS: A Love & Logic Approach To Classroom Management

Obstacles facing today's K-12 teachers are enormous. This class teaches you alternatives to leave you feeling uplifted and successful. Take control of your classroom as you eliminate power struggles and handle disruptions quickly. You will learn to establish a climate of cooperation and respect using natural and logical consequences. Includes proactive conduct, focused parent conferences and more. Used text \$11 from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED444a, ED544a 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

SOCIAL SKILLS: A Foundation For Learning

Poor social skills are the leading reason people lose jobs, according to Labor and Industry research. While educators know the importance of social skills, schools do not provide adequate training. Gain valuable strategies for teaching social skills and self-esteem without sacrificing content time, and obtain specific K-12 curriculum. Work-book is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: SS401V, SS501V 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Counseling & Special Ed

AUTISM: Questions & Answers

PreK-12 educators will learn about Autism along with proven interventions. You will also gain a greater medical understanding of the characteristics of Autism and other special needs qualities and the causes. In addition, you will focus on learning models to assist these students. Whether you are an educator, a parent, a relative, or simply some-one wanting more understanding about this complex and confusing disorder, this course offers a solid foundational approach. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED445Y, ED545Y 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

AUTISM PUZZLE

If you have K-12 students with one of the Autism Spectrum Disorders (ASD), and you don't know what they're thinking or feeling, your days will be difficult – and theirs will be too. This course is an essential introduction to this puzzling disorder and covers potential causes, diagnosis, types of ASD, explanation of behavior patterns, strategies and resources for educators. Text is approx. \$15 on Amazon.

INSTRUCTOR: Lori Gibson, M.A.

COURSE NO: ED436U, ED536U 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

BOYS IN TROUBLE: Strategies For Educators

Our boys are struggling. They are academically disengaged and facing social challenges alone. We will look at the troubling symptoms K-12 boys are presenting, and then pull back the curtain on their inner lives. We will also look at the cultural expectations they are under, cultivate a new understanding of "boy world" and explore what educators can do to turn the tide. The text by the acclaimed author of *Queen Bees and Wannabes* is \$15 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.

COURSE NO: ED452Y, ED552Y 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Lori Gibson, M.A., received her undergraduate degrees in Psychology and Education at Whitworth University. In 1990, she received her MA in Counseling Psychology from Gonzaga University. She has served as a guidance counselor at North Chicago Community High School in Illinois, as an elementary school counselor for Lake Washington School District in Redmond, WA and is presently a counselor for Spokane Public Schools. Lori has taught for The Heritage Institute since 2002.



BULLYING BEHAVIORS: **Enough Is Enough**

Develop proactive strategies to minimize and prevent K-12 students' bullying and teasing behaviors. We will discuss victims, rescuers, bystanders, and bullies and how they are intertwined in life. Empowering of victims, strategies for bystanders, alternative approaches for rescuers, and redirection in behaviors for bullies will be shared with all participants. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED437Q, ED537Q 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

CHALLENGING COLLEAGUES: **Bringing Out The Best In People At Their Worst**

Learn powerful communication skills and successful strategies for working with challenging colleagues. Learn the 10 specific behaviors and underlying causes of people at their worst and how to bring out their best. You will uncover insights about yourself and your work place. For K-12 teachers, administrators and support staff. Text is \$18 from Amazon. NOTE: If you took Challenging Colleagues as a workshop you may not register for this course.

INSTRUCTOR: Jacquie Johansson, M.A.

COURSE NO: ED456T, ED556T 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

COUNSELING SKILLS FOR EDUCATORS

You don't have to be a counselor to apply some basic counseling skills. Techniques in this course are invaluable in working with a wide variety of K-12 student situations. Read and practice interview and listening skills helpful to achieving greater understanding of unmotivated, angry, withdrawn or otherwise hard to reach students. Models for increasing student communication will be explored, including how to conduct a class meeting. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED409R, ED509R 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

"HELP ME BEHAVE" **Going Beyond Traditional School Discipline Plans**

Traditional discipline plans tend to frustrate chronically disruptive students and can be overkill for well-behaved kids. We need a new approach! Discover why a student is struggling with challenging behaviors so that you know how best to help them become a successful and empowered learner. For K-12 teachers and administrators. Used text \$17 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.

COURSE NO: ED450H, ED550H 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
 \$195 CEU/Clock/PDU

HELPING ANXIOUS STUDENTS

It is estimated that 1 out of every 5 students in America suffers from a diagnosable anxiety disorder. Unchecked, anxiety can result in school failure, social isolation and missed opportunities. Increase your understanding of anxiety and learn how to support students, and their parents. For Pre-K through grade12 teachers, administrators, support staff and parents. The text \$8 at Amazon.

INSTRUCTOR: Lori Gibson, M.A.

COURSE NO: ED453i, ED553i 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
 \$195 CEU/Clock/PDU

HIGH MAINTENANCE BEHAVIORS & INTERACTIONS

Investigate the many aspects of high needs people and their behaviors. Gain a greater understanding of how to interact with student and adult explosive behavior, dependent behavior, poor listener behavior and more. Examine your own behavior patterns and how they intersect with others, and learn helpful strategies to minimize problematic attitudes and their resulting actions. This course is appropriate for all K-12 educators. Workbook is free from instructor's website. Text about \$10 on Amazon.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: SS409F, SS509F 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU



Jacquie Johansson, M.A., has worked as a school counselor in Spokane, WA since the early nineties. Her BA is from the University of Texas at Austin and her graduate degree is from Gonzaga University. She served on Eastern Washington University's PEAB board for six years, Critical Incident Team for 10 years, as well as on the Child Protective Team for 10 years, making long term decisions about the wellbeing of children in the Spokane community. Jacquie has been teaching workshops and distance courses through The Heritage Institute since 2002.

IMPACT OF TRAUMA & LOSS

Trauma and loss are constant companions for many children today. Whether from divorce, death of a loved one, abandonment, abuse, rejection, or another difficult scenario, educators benefit by understanding the impact of these losses. Strategies to help the grieving child and interventions to assist their academic progress will be provided. Appropriate for P-12 including administrators, counselors, and other support service individuals. Course workbook is free and downloadable from the instructor's website after registration.

INSTRUCTOR: Michael Sedler, D. Min., M.S.W.

COURSE NO: ED464Z, ED564Z 6 Quarter
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

REACHING STUDENTS WHO HURT: Teaching Kids With Trauma & Loss

Some form of loss touches every life. Learn how to respond appropriately to the extraordinary challenges some students will face from divorce, death of a friend, loved one, or pet; violence; chronic illness; and more. Grief affects academic performance, emotional stability, and social interactions. This class examines grief at different developmental levels and gives you strategies to respond, communicate, and identify students at risk. For K-12 educators. Text is \$22 on Amazon.

INSTRUCTOR: Jacquie Johansson, M.A.

COURSE NO: ED456U, ED556U 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

WELL-BALANCED TEACHER: Stay Sane In & Out Of Classroom

Feel stressed? Feel as if there is not enough time in the day to get everything done? Feel as if you always put yourself last? In this course, teachers K-12, you will learn how to balance your life so that you can feel more positive about yourself and teaching, feel better both physically and mentally, and determine your non-negotiables, what to let go of, and how to have a mindset of self-efficacy. Text about \$10 on Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED463T, ED563T 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

"WHY ARE THEY PICKING ON ME?" Understanding & Responding To Social Cruelty

Social cruelty exists and persists despite anti-bullying policies. Based on Dr. Carl Pickhardt's work, this course looks at the deeper causes behind social cruelty, (including bullying), to help K-12 teachers, counselors and administrators have a more complete and nuanced understanding of why kids act this way. You will learn how to react in a more effective manner and how to proactively address social cruelty with your students. \$11 for text on Amazon.

INSTRUCTOR: Lori Gibson, M.A.

COURSE NO: ED451Z, ED551Z 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

WHY CHILDREN ACT OUT

Why does one K-12 student get argumentative and another becomes withdrawn? What does it mean when a child makes negative comments about assignments? This course explores the motivation of these behaviors and helps you understand their function. You will increase motivation, reduce power struggles, encourage positive relationships while evaluating various stages of behavior, development, and interventions to support change. Course workbook is free and downloadable from the instructor's website after registration.

INSTRUCTOR: Michael Sedler, D. Min. M.S.W.

COURSE NO: ED458T, ED558T 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

Lori Boll, M.A. is a Special Ed leader with over 20-years experience. In 2003, when Lori's son Braden was diagnosed with autism spectrum disorder her focus changed from teaching elementary to advocating for all child learners. Lori is an international educator who opened up three special needs programs; two in Shanghai, China, and one in Bangkok, Thailand. In Shanghai, China, Lori co-founded SHINE Academy, for students with special needs. She is also a regular presenter at special needs conferences worldwide.



Education



8 FAMILIAR FORCES FOR IMPROVING CLASSROOM CULTURE

Each of us brings to school our own beliefs about what learning is. Whether you teach Kindergarteners or Seniors, 8 Familiar Forces contribute to creating a culture of learning. Revisit Expectations, Language, Time, Modeling, Opportunities, Routines, Interactions and Environment. Let the forces guide you. Sponsor a stronger group culture of thinking today. Text \$16 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.

COURSE NO: ED459L, ED559L 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



10 NEW TECHNIQUES FROM TEACH LIKE A CHAMPION 2.0

Check For Understanding(CFU) – we know it's important, we all do it, and we also feel and know benefits from more practice and insight. Refresh how and when to check for understanding. Learn more about how K-12 teachers effectively use the 10 CFU techniques. Try combining them with other TLC techniques. Tap the powerful CFU synergy and take student understanding to the next level, every day. Text \$16 from Amazon.

INSTRUCTOR: Julie Bora, M.S.T.

COURSE NO: ED457T, ED557T 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



ACADEMIC & PROFESSIONAL DEVELOPMENT WORKSHOPS: 2018

Are you planning to attend at least one Academic Camp or Professional Development Workshop this year? This course is for you. It's open to teachers Nation Wide attending ANY Academic Camp or Professional Development Workshops related to your professional assignment. You can attend and earn 3 Continuing Education Quarter Credits, or 30 WA Clock Hours, Oregon PDUs or CEUs. Attending more than one event during the year? Then contact the instructor.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: ED464V, ED564V 3 Quarter Cr
(2 Semester Cr)

TUITION: \$210 Credit 400 & 500 level
\$120 CEU/Clock/PDU



AWAKENING GENIUS IN THE CLASSROOM

Thomas Armstrong's *Awakening Genius* encourages a renaissance of thinking about the true meaning of children's giftedness. The book lists simple genius experiences and activities for the classroom that help counter the often damaging effects of scripted curriculum, standardized grading and testing, along with other factors that degrade the love of learning. Text is \$19 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED437A, ED537A 1 Quarter Cr
(0.6 Semester Cr)

TUITION: \$125 Credit 400 & 500 level
\$95 CEU/Clock/PDU



CLIMATE CHANGE FOR TEACHERS & KIDS

Climate change is a global threat. Yet our schools lag far behind international schools in educating for this change. This course uses platforms developed by NASA and the EPA to instruct about the science of climate change in a student-friendly interdisciplinary way. Engage your K-12 students with graphics, games, and activities. You will review lesson samples that integrate science, social studies, language arts, and math. Readings are free online.

INSTRUCTOR: Charity Staudenraus, M.A.T.

COURSE NO: ED456K, ED556K 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



EFFECTIVE PRINCIPAL'S FIELDBOOK

Every principal needs to examine the issues that are central to his/her success. The course text present hands-on insights to help you become an inspirational leader in your school. You will find practical information from the authors' own experiences including research-based techniques covering topics from informal school communication networks, building lasting relationships, improving faculty meetings, keeping up with state mandates, dealing with surprises, and more. Course text is about \$20 at Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED461N, ED561N 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



Julie Bora, M.S.T., has been active in educational renewal since her youth. She continues to be a moderate and patient voice for trying on simple changes in the art of educating and learning. With instructional experience in both science and the arts, teachers have found her sincere support and friendly understanding to be a welcome nudge toward updating and improving the techniques, protocols and strategies in their own professional development.

ENGAGING STUDENTS OF POVERTY: Practical Strategies That Raise Achievement

Too many of our students are tuning out because of a failure to engage them. It would be easy to look at the statistics and just give up. The good news is that there are powerful solutions to boost attention, lessen behavior issues, reduce the struggle with attendance, and turn your K-12 classroom into a high-performance success story. Learn strategies that work making school the best part of every student's day! Text about \$14 used on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED458Z, ED558Z 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

HELPING STUDENTS MOTIVATE THEMSELVES

Find a dozen strategies to energize students in big ways. Learn how to motivate K-12 students, to help them see the importance of personal responsibility, and teach them to deal with disruptive students and classes. You will find ways to maximize the success of a lesson and integrate tech. Each section of the course provides stimulating and down to earth tools that save you hours. Text used \$26 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED448F, ED548F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

HOW TO TEACH SO STUDENTS REMEMBER

Marilee Sprenger's book, *How to Teach So Students Remember*, is top-rated and inspiring. A "how-to" guide, it shows the seven important strategies, and supporting research, to give K-12 students the best possible chance to make meaning and to remember what's academically important. Text is about \$18 from Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED430F, ED530F 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 CEU/Clock/PDU

INSPIRATIONAL EDUCATION

Children accomplish at a higher rate and with greater effectiveness when they are excited about learning. This course will investigate strategies to increase enthusiasm in students. You will read and view inspiring stories of success within the classroom and community. Specific interventions and ideas will be presented that allow each individual to match his/her personality with engagement approaches. Participants will come away with a bank of strategies, activities and ideas to activate K-12 students and their learning. Workbook is free from the instructor's website.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED452F, ED552F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

LGBTQ STUDENTS: Creating A Supportive School Environment

Most lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) students do not feel safe in school. This course is designed to open-up communication lines by sharing techniques and strategies to build safety within effective learning environments for students of all genders and sexual orientations. K-12 students will develop advocacy skills that will be reflected in their confidence and in their ability to thrive at school. Text \$20 on Amazon.

INSTRUCTOR: Brian Long, M.S.

COURSE NO: ED463V, ED563V 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

LOVE & LOGIC FOR TEACHERS:

Create effective partnerships with parents around the Love & Logic philosophy and strategies. This course for all teachers, K-12, promotes a common vision for expectations and accountability both at home and in school. This course will help you, the teacher, and the parent create confident, self-motivated, and responsible children and students. The text can be purchased from Amazon for around \$15.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED448J, ED548J 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Brian Long, M.A., earned his BSE in PE and his MA in health education. As a high school teacher and coach, Brian has served as a member of the Character Alliance Committee and the Drug Awareness Coalition. He has created in-service workshops and has developed intramural programs at his school. In 2008, Brian received his district's Special Performance/Achievement Recognition Award as well as NYSUT's Community Service Award in 2009. He began teaching for The Heritage Institute in 2011.





MINDSET:

The New Psychology Of Success

Change your mind, change your life describes the powerful work of Carol Dweck. Students with a fixed mindset are less likely to flourish in the classroom. Explore the concept of Fixed versus Growth Mindsets and learn how hard work, good strategies, modeling and your own mindset techniques can be developed. Transform your K-12 students by giving them a renewed passion for learning. Text \$10 used on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED448K, ED548K 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



MINDSETS IN THE CLASSROOM:

Increase Student Achievement

Why do some children succeed while others fail? Mindsets in the Classroom will provide educators ideas for building a growth mindset culture based on how the brain learns, mindset, differentiation, and critical thinking. You will learn how to challenge students to change their thinking about their potential and ability. This course was created to provide step-by-step guidance for K-12 teachers using the growth mindset culture in their classrooms by communicating to every student they can succeed. Text about \$14 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED459Q, ED559Q 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



NO CHILD LEFT INSIDE:

Lesson Ideas For Your Community

Extend student learning beyond those classroom walls! Discover dozens of ways to use your school building, school grounds, local neighborhood and community to enhance your curriculum in the areas of math, art, science, language arts, history and geography. Through a series of activities, which include exploration of local neighborhoods, parks and museums, you will develop meaningful lessons that your K-12 students will really enjoy. \$20 materials fee due after registration.

INSTRUCTORS: Peter Chausse, B.S.

Christopher Naze, M.Ed.

COURSE NO: ED438R, ED538R 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 Level
\$195 CEU/Clock/PDU



NURTURING COMPASSION

WITHIN OUR SCHOOLS

Help children move from complacency to compassion and social responsibility in their interactions with people. Too often, children miss opportunities to support, encourage, and help others. Through literature, hands-on activities and discussion topics we will emphasize acts of kindness, increasing sensitivity to others, and phrases and actions that lead toward compassion. This class filled with interventions for your K-12 school. Course workbook is free and downloadable from the instructor's website after registration.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: ED434Y, ED534Y 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



POVERTY & THE BRAIN:

Creating Emotional, Physical & Academic Success

Chronic exposure to poverty can result in dramatic changes to the brain. How can we help all children of poverty learn? This course will focus on what matters most, brains can and do change every day. The course-work will provide a practical and enriching guide for improving the minds and lives of all students whether they live in poverty or not. Learn how every K-12 educator can improve the potential of every student. Text about \$21 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED444U, ED544U 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



READING SUCCESS FOR

ALL STUDENTS

Guarantee K-3rd grade reading success through a positive literacy environment of phonics, homework packets, assessment, parents as partners, emergent writing, word families, word walls, and literacy centers. Incorporate new instructional approaches to increase student achievement. Activities and materials are teacher developed and tested. For classroom teachers, resource teachers, bilingual and ESL teachers. \$40 for materials is due to instructor after registration.

INSTRUCTORS: Debbie Burns, M.Ed.

Cindy Beatty, B.A.

COURSE NO: ED420Z, ED520Z 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



Peter Chausse, B.S.,

is a veteran teacher with extensive studies of Portland's history, art, architecture, urban parks, museums and transportation systems. A former middle and elementary school teacher Peter and his co-instructor Christopher Naze, M.Ed., provide field experiences with real life applications for students of all ages. Peter has a degree in Forestry and has taught for The Heritage Institute since 1991 leading hundreds of walking tours in Portland and the surrounding communities. www.walkportland.com

REASONS STUDENTS DON'T LIKE SCHOOL: Mind & Your Classroom

It is stressful to deal with students of all ages who hate going to school; however, new research paves the way for all K-12 educators to benefit from understanding the biological and cognitive explanation of why many students don't like school. Surprising findings confirms that all brains are malleable, IQ is not fixed, and you cannot develop thinking skills without facts. You will learn the nine principles for engaging the mind. Used text \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED448L, ED548L 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

RENEWING OURSELVES & OUR TEACHING

Our best teaching comes from being who we are. When we bring our passions and creativity into what we do, we create an authentic, heart-centered relationship with our work that is easy to maintain. This course will help you reflect on your own teaching journey and those of other teachers. You will keep a weekly journal. You will take time to reflect and wonder again how to make inspiration come alive in your K-12 teaching. You will select and view 4 inspirational films. Used text \$5 on Amazon.

INSTRUCTORS: Mary Ann Johnson, M.Ed.

COURSE NO: ED447G, ED547G 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

SO EACH MAY LEARN: Integrating Learning Styles & Multiple Intelligences

Based on the book *So Each May Learn* by Harvey Silver, Richard Strong and Matthew Perini. With a commitment to effectiveness, practicality, fairness and fun for you and your Kstudents, the authors of this great book blend learning styles and multiple intelligences so that you can best meet the needs of individual K-12 students. \$2 for used text on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED430J, ED530J 1 Quarter Cr
(0.66 Semester Cr)

TUITION: \$125 Credit 400 & 500 level
\$ 95 CEU/Clock/PDU

TEACH LIKE A CHAMPION: Field Notes From The Masters

Transform your K-12 teaching with winning techniques of master teachers. Our text comes complete with a show and tell DVD. Are you a teacher who wants to improve your craft? Then this course will give you the tools to do it. These powerful, below the radar techniques from the masters will separate you from the pack and help transform lives. Used text \$16 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.

COURSE NO: ED444V, ED544V 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

TOTALLY POSITIVE TEACHING

What distinguishes the great teacher from the struggling teacher? Joseph Ciccio has developed a list of five ways the great teacher lives a positive and effective life in the classroom. Our methods-oriented text shows the power we all have to deal effectively with ineffective results, classroom meltdowns and boredom. Meet both K-12 student and teacher needs simultaneously. Text \$16 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED437E, ED537E 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 CEU/Clock/PDU

VISUAL LEARNING IN THE CLASSROOM -

 NEW

Learn to use visual learning techniques to help students at all levels achieve academic success. Visual learners benefit from seeing material in representations other than printed words on paper, and these techniques can make a huge difference in student understanding. Visual representations such as graphic organizers, concept maps and outlines can make a huge difference in understanding for IEP students, EL students and other K-12 non-linear learners. Text about \$20 at Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.

COURSE NO: ED464o, ED564o 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



Christopher Naze, M.Ed., has been teaching elementary education in Portland Public Schools since 2002. His areas of expertise are technology, writing and mathematics. He has won grants for classroom technology projects and has been active in the Oregon Writers' Project.

Debbie Burns, M.Ed., taught kindergarten, first grade, and K-1 multi-age classrooms since 1977. K-3 teachers in California, Hawaii, Oregon, Idaho, Montana, Washington state and beyond highly recommend her courses. All of Debbie's workshops are practical and immediately useful. Her classrooms always provided a stimulating and enriching environment where each child is viewed as an able learner, and where individual differences are respected. Debbie has taught for The Heritage Institute since 1994.



WHEN TEACHING GETS TOUGH: Smart Ways To Reclaim Your Game

As a teacher, do you ever feel overwhelmed? Burned-out? If so, this course is just what you need. You will learn practical strategies to make things better right away. The text, *When Teaching Gets Tough*, offers examples for addressing a plethora of difficult situations. Soon you will be back on top of your game, feeling re-energized and positive about your teaching. This course is appropriate for all grades K-12. The text is available from Amazon for about \$4.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED461A, ED561A 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

WHY WILLPOWER MATTERS: Improve Health, Happiness & Productivity

Why Willpower Matters provides research supported strategies on how to achieve goals from the apathetic student in your classroom to your own goals for eating healthy or maintaining weight. The emphasis is on providing tools to alter habits forever. You can teach willpower as a skill. There is a neuroscience behind willpower that you can learn and teach. With practical activities and exciting reading, your K-12 classroom will make connections enhancing quality of life. Text is \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED449A, ED549A 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

WORLD OF GIRLS

By the time they enter middle school, many girls are staggering under the pressure of more than just weighty backpacks. They face jam-packed schedules, hours of homework, demanding social lives, and far too little sleep. For this generation of girls, the process of maturing into successful women has become far too intense. Let's meet the new K-12 girl of today, learn to understand her struggles and then help her become successful both inside and outside of the classroom. Text about \$21 on Amazon.

INSTRUCTOR: Jacquie Johansson, M.A.

COURSE NO: ED459F, ED559F 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

THE WORLD WE WANT: Self Design Courses For K-12 Teachers

Passionate about serving the human and earth community? Want to make a difference? You can earn hours or continuing education quarter credit doing what you care about. This simple, flexible online program supports K-12 teacher involvement in activities ranging from cultural exchange, eco-literacy, climate change, sense of place, community service, social justice, school gardens, yoga and mindfulness in the classroom, and more. Earn 10-50 hours or 1-5 Antioch Continuing Education quarter credits.

INSTRUCTOR: Ann Amberg, M.C.S.

COURSE NO:	CREDIT TUITION	HOURS TUITION	QTR. CR.
ED442P, ED542P	\$125	\$95	1
ED442Q, ED542Q	\$185	\$140	2
ED442R, ED542R	\$280	\$195	3
ED442S, ED542S	\$350	\$265	4
ED442T, ED542T	\$415	\$315	5

ESL/ELL

ADVOCACY & EQUITY FOR ELL STUDENTS

Educators of English language learners (ELLs) are important advocates for their students. Whether you are a regular classroom teacher with ELL students or an ELL specialist, you understand the needs of second language learners and can help create a school environment that supports their academic and social success. This course offers concise strategies for becoming an ELL advocate. Appropriate for K-12 teachers, para-educators, counselors, and other support personnel. Text about \$29 from Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.

COURSE NO: ED459G, ED559G 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



Ann Amberg, M.C.S., was the former Director of Special Programs at The Heritage Institute. An artist and educational consultant, Ann creates and facilitates integrative ecology curriculum. In 2012, she founded the "What Does the Universe Do?" program of applied transformational ecology. Ann is the instructor for The World We Want program and has taught for The Heritage Institute since 2007. www.annamberg.com, annamberg@whidbey.com.

AUTHENTIC ASSESSMENT FOR ELL STUDENTS

Do you have a linguistically diverse classroom? If so, then learn how to confidently document and assess the progress of your English second-language learners (ESL). As our schools and classrooms become more linguistically diverse, teachers will benefit from knowing what assessment methods are most accurate and useful for student progress and success. This K-12 course offers assessment tools and suggestions to help both students and teachers identify key areas of focus. Text about \$25 from Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.

COURSE NO: ED459i, ED559i 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

MEETING THE NEEDS OF SECOND LANGUAGE LEARNERS

In six readable chapters Judith Lessow Hurley spells out the "best practices" K-12 educators need to work successfully with ELL or ESL students. The impact of national, state and local requirements is covered, making the most of the realities teachers face. Text is \$9 on Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED433E, ED533E 1 Quarter Cr
(0.66 Semester Cr)

TUITION: \$125 Credit 400 & 500 level
\$ 95 CEU/Clock/PDU

Health, PE & Coaching

BASKETBALL: Principles For Developing Today's Student Athlete

You will examine 3 areas of basketball fundamentals: program philosophy, motivation, and leadership as it relates to the overall development of today's student/ athlete and community. These fundamental areas will be studied through online articles, videos, and books from insightful and successful American coaches. Designed for K-12 coaches and teachers, this course is open to non-teaching coaches, at any level. No additional fee.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: PE400Q, PE500Q 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

BURNOUT: Detecting & Preventing

Learn to identify the signs of stress leading to K-12 teacher burnout. And learn how to deal effectively with your stressors before they become overwhelming. You will benefit greatly from reading other teachers' stories in our texts *Stories of the Courage to Teach*, and *The Teacher's Ultimate Stress Mastery Guide* full of helpful strategies. Both texts \$27 used on Amazon.

INSTRUCTOR: Larry Rzezniak, M.S.

COURSE NO: ED443N, ED543N 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

EXERCISE & THE BRAIN FOR PEAK PERFORMANCE

Did you know you can lift your mood, fight aging, increase your memory, sharpen your cognitive abilities, beat stress, and function better by exercising? The evidence is incontrovertible: Aerobic exercise can physically remodel your brain. Our text, *SPARK*, presents startling research proving that exercise truly defends against ADD, depression, and aggression. This course is appropriate for teachers K-12. Text \$13 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: HE402F, HE502F 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

HAPPINESS DIET: Energize Your Brain & Body

It is all too apparent that our American Diet is expanding our waistlines and making us sick; what's less obvious is that our brains are starving and shrinking. Experts are now connecting the dots and emerging neuroscience and nutrition research show that a healthy diet can and does improve mental and emotional wellbeing. Find out why K-12 teachers are cheering for this course and the change it has created in their own lives. Used text \$15 on Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED449G, ED549G 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

Stacey Shaw, M.A., is a dynamic and inspiring instructor for both children and adults. She has experience in education since 1995 and she currently holds a Professional Teaching license in Oregon. Today Stacey teaches at the middle school level. She has taught ELL, bilingual and regular education at K-8 and college levels. She earned her Bachelor of Arts degree in Latin American Studies at The Evergreen State College and her Master of Arts degree in Education at Prescott College. She has been an Online instructor for The Heritage Institute since 2011.



HEALTH CURRICULUMS FOR K-12 EDUCATORS

Explore a wide range of health subjects and curriculums that apply to your K-12 classroom. We will cover physical, mental, emotional, and social dimensions of health. Learn more about First Aid, Bullying, Emotional Health, Sex Education and Goal Setting for a healthy life. Videos and web sites show how to motivate, improve health, prevent disease and reduce health related risk behaviors. No additional fee.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: HE402o, HE502o 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
 \$380 CEU/Clock/PDU

HEALTHY LIVING NOW: Restore Your Health & Well Being

In your text, *Go Wild*, Dr. Ratey reveals that civilization has rapidly evolved but our bodies have not kept pace. Healthy Living Now will help you learn how to unleash energy for full health benefits. You will investigate healthy living now through diet, exercise, sleep, reduced stress, mindfulness and more. Practical, disarming, loaded with research, this course will literally ignite and inspire you and your K-12 students to change. Text about \$13 at Amazon.

INSTRUCTOR: Brenda McKinney, M.A.

COURSE NO: ED459J, ED559J 5 Quarter Cr
(3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

MENTAL HEALTH ISSUES & STUDENTS

Understand and deal more effectively with a range of K-12 student disorders, such as Oppositional Defiant Disorder, Conduct Disorder, Anxiety Disorder, AD/HD, Obsessive Compulsive Disorder, Attachment Disorders, and Self Injurious Behaviors. You will learn signs and recognition aspects as well as effective strategies for helping children to be successful at school. For educators, counselors and school personnel. Course workbook is free and downloadable from the instructor's website after registration.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: HE402N, HE502N 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

SPORTS CAMPS: 2018

Are you planning to attend at least one Sports Camp this year? If so this course is for you. It is open to coaches Nation Wide attending ANY Sports Camp. Sports camps are available for your particular sport and athlete program. Often times these Sports Camps have Professional and/or College coaches lecturing. You can attend and earn 3 continuing education quarter credits or 30 clock hours, PDUs or CEUs. Attending more than one camp during the year? Then contact the instructor directly.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: PE403R, PE503R 3 Quarter Cr
(2 Semester Cr)

TUITION: \$210 Credit 400 & 500 level
 \$120 CEU/Clock/PDU

SPORTS CLINICS: 2018

This course is open to coaches Nation Wide attending ANY Sports Clinic. Sports Clinics are available that focus on a variety of aspects related to your particular sport and athlete program. Often times these Sports Clinics have Professional and/or College coaches lecturing. You can attend and earn 3 continuing education quarter credits or 30 clock hours, PDUs or CEUs. Attending more than one clinic during the year? Contact the instructor directly.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: PE403V, PE503V 3 Quarter Cr
(2 Semester Cr)

TUITION: \$210 Credit 400 & 500 level
 \$120 CEU/Clock/PDU

STRESS REDUCTION IN STAFF & STUDENTS

This course addresses the vital topic today of childhood and adult stress. You will learn strategies to help K-12 students appropriately direct their stress, through coping skills, into positive avenues. Peer relations, chaotic family structures, generalized feelings of anxiety, failure and negative thought processes, as well as many other topics will be covered. Course workbook is free and downloadable from the instructor's website after registration.

INSTRUCTOR: Michael Sedler, D.Min., M.S.W.

COURSE NO: HE401M, HE501M 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU



Eric Low, M.A., has lived, taught and coached in Washington State since 1992. Eric has a Master's degree in history from Eastern Washington University with an emphasis in America's West and has been an active researcher of Washington State history since 1994. Eric currently teaches history at Winlock High School in western Washington State and serves as a Lead Teacher for ESD 112's Constitutional Connections American History grant, a three-year program. Eric has taught for The Heritage Institute since 2004.

Wendi Fein, M.A., spent 25 years teaching in K-12 public schools with a focus on special education, math, dance, PE, study skills and English/World Cultures. In addition, Wendi has traveled and volunteered extensively, bringing her stories and passion for human rights and equity into the classroom. Wendi holds a B.A. from the University of California, Santa Barbara and an M.A. in Special Education. Presently, she is teaching Adult Education, Developmental Math and ESL at Tacoma Community College in Tacoma Washington.





SUGAR HIGH:

Glycemic Index & Health

It's a fact: after 50 years of low caloric eating, obesity levels still are rising but do you know why? Uncover the secret in this informative multimedia course. Learn how to integrate key weight lowering concepts, menus and more into your grades 3-12 curriculum. Losing weight does not mean eating less and exercising more but eating better in the lunchroom and at home. Text is \$12 at Amazon.

INSTRUCTOR: Julie Bora, M.S.T.

COURSE NO: ED456D, ED556D

6 Quarter Cr
(4 Semester Cr)

TUITION: \$495
\$380

Credit 400 & 500 level
CEU/Clock/PDU

History & Social Studies



BEYOND DIVISIVENESS:



Teaching Students Respectful Discussion

In an era of social polarization and political gridlock grade 6-12 students need the skills to respectfully tackle critical, contemporary issues. Finding common ground forms the foundation of citizenship. Educators taking this course will be encouraged to engage their students on a multitude of issues by examining a subject from varying views. The text grapples with conflicting views of unresolved social issues such as gun control, marriage equality, Black Lives Matter, and immigration. Text about \$26 at Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.

COURSE NO: ED464E, ED564E

6 Quarter Cr
(4 Semester Cr)

TUITION: \$495
\$380

Credit 400 & 500 level
CEU/Clock/PDU



COLONIAL & REVOLUTIONARY AMERICA: Film, Literature & Classroom Resource

Use film to bring alive K-12 early American history as never before. Extensive use of film, as well as traditional literature will enhance your American Colonial and Revolutionary period curriculum. This course explores 8 films and 2 books, in the development of teaching units to enhance your students' understanding and appreciation of these important periods. Text fee will vary depending upon your selection.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: HI407F, HI507F

6 Quarter Cr
(4 Semester Cr)

TUITION: \$495
\$380

Credit 400 & 500 level
CEU/Clock/PDU



DISCOVER YOUR HERITAGE

We are all immigrants. Whatever our ethnic, cultural, racial, and religious backgrounds with each passing generation, our connection to these ancestral roots diminishes. It is important to be familiar and sensitive to other cultures. Developing an appreciation for your own heritage provides a solid foundation for this. Use your K-12 students' ancestry to celebrate relationships with other countries. You will explore your own ancestry then develop an integrated heritage unit for your elementary classroom. Text is a free download.

INSTRUCTOR: Eva Varga, M.A.

COURSE NO: ED448E, ED548E

3 Quarter Cr
(2 Semester Cr)

TUITION: \$280
\$195

Credit 400 & 500 level
CEU/Clock/PDU



Debora Supplitt M.Ed., has worked with students of all levels and professional educators since 1980. She is certified in Washington, Oregon and California in Pre/K-12 Special and Elementary, and Middle School Education. She is highly qualified in the core areas of Art, Music, Reading, and Special Education as well as being a Washington State Intervention Specialist. She knows the importance of providing a creative environment **where all learners can thrive.**

Eva Varga, M.A., has extensive experience in both formal and informal education settings. In 2001, she was awarded National Board Certification: Middle Childhood Generalist and during her years in the classroom received more than \$20K in grants and awards. She presently develops online science courses for homeschool students, writes a middle level secular science curriculum called Science Logic and blogs for Better Chinese. Visit her website [www.evavarga.net] to explore the many resources and educational materials she has created.



FROM LOCAL TO GLOBAL: Human Rights For All

Develop valuable lessons for your K-12 students around human rights issues. Using a framework of equity, social justice and the human rights of children you can meet standards while engaging students in critical inquiry relevant to issues affecting their lives. In addition, a review of related literature, websites and videos will help engage your students in thoughtful inquiry regarding their lessons and activities. A service learning project will culminate the course. Free downloads. Text about \$8 at Amazon.

INSTRUCTOR: Wendi Fein, M.A.

COURSE NO: ED459A, ED559A 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

GOOGLE EARTH BASICS

Expand K-12 students' global awareness with Google Earth! The free program features captivating and astonishing high-resolution satellite imagery of the entire Earth. Explore major river deltas; research climate change, endangered species, land use patterns; study Mars, Moon, ocean floors, and galaxies! In this introductory course, you will learn navigational basics and how to customize Google Earth for use in your K-12 history, geography, math, social studies, and earth science lessons. No additional fee.

INSTRUCTORS: Glenn Monahan, B.S.
Nancy Schultz, M.Ed.

COURSE NO: SC415E, SC515E 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 CEU/Clock/PDU

GUNS, GERMS & STEEL: Roots of Global Inequality

How did the world become so unequal with some societies developing more quickly? Help your K-12 students gain an understanding of these big questions. Learn how geography and natural resources enabled some countries to advance technologically. Using the PBS documentary film and website history, geography and world studies teachers will understand. Access to the film is required. Text \$10 on Amazon..

INSTRUCTOR: Wendi Fein, M.A.

COURSE NO: HI406X, HI506X 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

HEROES EVERY KID SHOULD MEET

What defines a hero? Can anyone be a hero? It is important to connect heroism with our lives by asking these questions. Heroes inspire us. We cultivate our values and behaviors through their example. You and your students will be motivated by the lives of the heroes you delve into. You will learn about heroes from all walks of life, such as George Washington, Rosa Parks, and more. Appropriate for K-12 teachers. Online streaming video/VHS or DVD player required. Reading is free online.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: ED456A, ED556A 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU

WORLD WAR II in FILM & LITERATURE

Make your Language Arts and Social Studies units on 20th century history and WW II come alive. How? By integrating some of the films and period literature of this epic period in American and world history. Short readings and films will be of your own choosing. Appropriate for grades K-12. Fees for video rental depend on source.

INSTRUCTOR: Eric Low, M.A.

COURSE NO: HI407C, HI507C 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



Glenn Monahan, B.S., was a park ranger in Yellowstone National Park for 5 years. His degree in Geology from Montana State University led to teaching junior high earth science for 15 years. He is a member Geological Society of America and loves outdoor activities, natural and human history, mapping and remote sensing, and advocating for wild places and wildlife.

Nancy Schultz, M.Ed., lives in Bozeman, Montana in a solar powered house. For 30 years, she was an elementary school teacher and reading specialist and she also worked as a ranger in Mt Rainier National Park. She is an outdoor enthusiast who is involved in preserving our public lands heritage, and is deeply involved in advocacy for the wildlife and ecosystems of the Northern Rocky Mountains.



Both Glenn and Nancy began teaching for The Heritage Institute in 1992. They live in Bozeman, Montana in a home with a 2400-watt photovoltaic solar system, and a 1600 square foot solar hot water system.

WWW.HOL.EDU for course descriptions & to register

Language Arts



WRITING & READING WORKSHOP:



Engaging The Adolescent

Using Nancie Atwell's *In the Middle* (with 80% new material), we will explore ways to organize, launch, and maintain successful writing and reading workshops. With hundreds of mini-lessons, mentor texts, and techniques for teaching and conferring with students, this material makes the writing and reading workshop the only logical way to teach English 4-12. Author, teacher, and creativity coach Deb Lund will be your guide and partner in this writing intensive, transformational course. Text about \$40 from Amazon.

INSTRUCTOR: Deb Lund, M.A.

COURSE NO: ED461X, ED561X 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



WRITING PROMPTS: Inspiring Young Writers



This course helps young writers generate ideas for their writing. It will ignite their imagination and encourage their creativity. Writing prompts are an excellent tool for inspiration. Your K-12 students will have fun developing ideas. They may use brainstorming or written, visual or video prompts to come up with fun and exciting ways to express themselves. Designed for students with diverse learning styles. Gather some colleagues, group learning is encouraged! Text about \$8 on Amazon.

INSTRUCTOR: Doug Larson, M.S.

COURSE NO: ED465C, ED565C 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



WRITING STRATEGIES THAT WORK FOR EVERY CLASSROOM



Every teacher sees students who love to show what they know by speaking, but struggle to produce the same result in writing. The best way to engage the less confident grade 4-12 writers is to give them something powerful to think about. You will develop a means to focus student thinking, fuel deeper learning, and build complex understanding in English, social studies, math, and science. Plus, you will learn strategies that support young writers to unlock their writing skills. Text about \$25 at Amazon.

INSTRUCTOR: Stacey Shaw, M.Ed.

COURSE NO: ED464U, ED564U 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



EDITING MADE EASY: Strategies For All Writers

Everyday Editing by Jeff Anderson will turn your grade 3-12 students' groans into smiles. You will build on student strengths to improve writing instead of just targeting errors. Literature and well-written sentences will show students how to craft sentences. Find easy, fun ways to make editing part of writing time. Each chapter has ideas for immediate use. Used text \$14 at Amazon.

INSTRUCTOR: Mary Ann Johnson, M.Ed.

COURSE NO: ED443T, ED543T 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



READ FOR PLEASURE & INSPIRATION: Fire Up Your Life & Work



How often do we get to simply read for pleasure and inspiration in ways that enrich our lives and our work? In this course, you will choose from a wide range of reading that suit your personal and professional needs. You will also reflect on the importance of engaging your students in productive reading. Appropriate for teachers K-12. Text(s) cost depends on choice of book(s).

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED463S, ED563S 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



READING STRATEGIES FOR ALL CONTENT AREAS



Students who struggle the most in their classes are the ones with poor reading skills. You don't have to be a reading teacher to give your students a few reading strategies to build confidence. Our text, *How to Teach Reading When You Are Not a Reading Teacher* by Sharon Faber, has an extensive list of easy-to-use strategies for you to use. Applicable for K-12 as well as early college teachers. Text about \$5 from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED463U, ED563U 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Deb Lund, M.A., Deb Lund is passionate about supporting literacy and those who help kids learn to read and write. She is an author, a creativity coach, and a teacher with a master's project on teaching writing. Be warned: Deb is a zealot about teachers needing to write, to model their writing and thinking, and to give students their choice of writing topics and reading materials. You will find more ways for Deb to support you at www.deblund.com.





WRITING WITH KIDS: Real Writing With Real Results

Inspire great writing from your students with writing workshop tools and techniques that provide structure, content, and increased confidence in your own writing and teaching. In this course you will join author Deb Lund, who was already instructing teachers about writing with kids when our text by Lucy Calkins, *The Art of Teaching Writing*, was first published. Be a mentor for your students and model the writing process as you explore K-12 fiction, personal narrative, essay, and poetry writing. Text about \$5 at Amazon.

INSTRUCTOR: Deb Lund, M.A.

COURSE NO: ED450K, ED550K 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU

Math & Science



EMPOWERING SCIENCE TEACHING & LEARNING: Science Standards



Explore how you can use the Next Generation Science Standards (NGSS) to engage your students and expand learning across the curriculum. NGSS is a new way of looking at science instruction. With the Disciplinary Core Ideas, Science Practices, and Cross Cutting Concepts, focus is no longer on rote memorization, but on helping students understand the phenomena that are at the core of science teaching and learning. Applicable for K-12 teachers and/or administrators. Course materials and references are located on-line.

INSTRUCTOR: Charity Staudenraus, M.A.T.

COURSE NO: ED463D, ED563D 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
 \$315 CEU/Clock/PDU



MAKING SCIENCE FUN: K-8 Hands-on Science Experiments

Open your K-8 students' minds to the amazing world of science all around them. This practical course focuses on fun activities to teach students about themselves, their environment, and how the two relate. Activities include: making rock salt ice cream (changes of state, freezing points), effects of the environment on plant growth, and using Legos to demonstrate survival of the most fit. Text fee varies with bookseller.

INSTRUCTOR: Larry Rzeznek, M.S.

COURSE NO: SC415B, SC515B 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
 \$195 CEU/Clock/PDU



Lawrence Rzeznek, M.S., received his M.S. and B.S. in Biology/Education respectively from S.U.N.Y. Geneseo. He has taught high school science since the nineties plus adjunct biology and chemistry instructor for nursing colleges. He has created curriculum for animal behavior, environmental biology, general biology, and forensics science courses. He has developed and implemented a science program specifically geared towards those with severe learning disabilities. Since 2008 Larry has taught professional development courses for educators with THI.



MATHEMATICAL MINDSETS: Every Student Can Do Math

Create a mathematics classroom where students no longer fear math or believe they are not good at math. The text by Jo Boaler, a Stanford University professor with research-based and field-tested strategies, will help you create a math classroom where your students experience mathematics through a positive growth mindset method. Videos and website readings complement the text. You will create mathematical tasks, assessments, and feedback that encourage K-12 student mastery of mathematical ideas and concepts. Text is about \$14 from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: MA400o, MA500o 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



MORE REAL WORLD MATH

Math is a fundamental component of our modern world and can be taught using real world problems. This online course takes advantage of Internet resources. By assessing web resources, we will begin a portfolio of online and offline projects to teach math in your specific classroom. You will obtain a vast array of ideas many that can be integrated into any K-12 classroom. Reading is online.

INSTRUCTOR: Wendi Fein, M.A.

COURSE NO: MA400G, MA500G 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



NATURE JOURNALING IN THE CLASSROOM

Nature journaling incorporates observation, writing, drawing and documentation. Using photographs or audio recordings you will learn about and appreciate more deeply the natural world around us. Elementary teachers, secondary science and art teachers can use this wonderful tool to engage authentic student learning as you integrate nature journaling and the texts, which you will be happy to own. Used texts \$12 on Amazon.

INSTRUCTOR: Eva Varga, M.A.

COURSE NO: ED447N, ED547N 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



ONLINE MATH TUTORIALS: Khan Academy & More

Supplement your in-class K-12 math instruction and homework with an amazing diversity of online math tutorials. Many educational websites are now aligned with the Common Core standards in math. Math tutorials are available for addition, multiplication, calculus and beyond. Broken down into bite-sized mini-lessons these tutorials address specific concepts and skills. Reading and lesson samples online will culminate in your review, implementation and evaluation of mini-lessons. No additional fees.

INSTRUCTOR: Wendi Fein, M.A.

COURSE NO: ED451B, ED551B 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



PRESCHOOL MATHEMATICS

In this exciting preschool math course, you will learn how to teach activity centered, basic math concepts that meet national standards for early childhood students. Your students will find that math is fun through engaging activities in the areas of numbers and operations, algebra, geometry, measurement, and data analysis and probability. You will walk away with classroom tools and resources that will keep your students engaged. Text, *More Than Counting: Preschool and Kindergarten*, by Sally Moomaw at Amazon for approximately \$11.

INSTRUCTOR: Kelly Lickteig, M.A.

COURSE NO: MA400N, MA500N 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



SUSTAINABILITY FOR YOUR CLASSROOM

Discover dozens of ways to involve your K-12 students in fun environmentally sustainable, earth-friendly projects. Learn how to create native plant gardens, water and energy conservation programs, recycling and composting stations and functional, earth-friendly eco-roofs. In addition, low energy transportation options will be discussed along with community-based art projects to beautify your school and your neighborhoods. No additional fees. All course materials are free online.

INSTRUCTORS: Peter Chausse, B.S.

Christopher Naze, M.Ed.

COURSE NO: SC415Z, SC515Z 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Barbara Harmon, M.S., received her Master's Degree from City University in Vancouver WA in 2003. Barbara received her B.A. in 1985 from Eastern Washington University in Cheney WA. She has taught 2nd and 3rd grades in Washington State and in Idaho since 1985. A lover of wildlife and birds she began teaching *The Wonder of Birds* through THI in 2003 to assist educators in expanding their resources and knowledge about birds.

TEACHING NUMERACY: Habits To Ignite Math Thinking

Many students lack basic numeracy, which is the ability to think through math problems logically, solve those problems, and apply math outside the classroom. Learn 9 critical thinking habits that foster numeracy and practical ways to incorporate them into your K-12 math teaching. The text supports Common Core Standards, National Council of Teachers of Mathematics Standards, and numerous successful literacy practices. No more students arriving at wrong answers without knowing why! Text about \$20 used from Amazon.

INSTRUCTOR: Suzanne Warner, M.S.

COURSE NO: ED458N, ED558N 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

TREES: Inside & Out

Trees provide an avenue to scientific methods of observation, classification, notation and drawing. Tree study can also be integrated with K-12 writing, math, art and social studies activities. Learn to identify local trees and discover intriguing and meaningful lessons for inside and outside the classroom. Field trip opportunities, guest speakers and community involvement projects will also be discussed. \$35 due to instructor after registration.

INSTRUCTORS: Peter Chausse, B.S.
Christopher Naze, M.Ed.

COURSE NO: SC406Z, SC506Z 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

WONDER OF BIRDS: A Field Study

While exploring bird life in natural settings you will become familiar with their habitats and species adaptations. Techniques of collecting data and field trip procedures will help you organize your own field trips. You will practice recording data, and learn how to enter sightings onto a database website. Appropriate for K-12 science curriculum. Texts are on Amazon. \$10 workbook fee due to instructor after registration.

INSTRUCTOR: Barbara Harmon, M.S.

COURSE NO: SC415P, SC515P 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU

Technology

BUILD YOUR WEBSITE NOW

Ready to create your own website? Thanks to the popular WordPress platform, now you can. A WordPress website opens the door to all kinds of K-12 teaching and sharing experiences including digital portfolios, podcasting, communicating with parents and sharing resources to a global audience. A scaffolded, step-by-step approach ensures any course participant walks away with a finished product ready to share from day one. For more information see here: <http://smarturl.it/buildwebsitenow>. For K-12 teachers. Text is free and downloadable.

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM401Q, CM501Q 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 500 level
\$380 CEU/Clock/PDU

DIGITAL PORTFOLIOS: Document, Share & Enrich Student Learning

Our students come to school every day ready to work on the outcomes, goals and assignments provided by their fantastic teachers. Today, thanks to new digital portfolio systems, we can easily capture that learning and ask students to reflect in a way that is easily shared. Digital portfolios provide unique and compelling opportunities for students to document and share their learning with teachers and students. Appropriate for K-12 teachers. See more here: SmartUrl.it/digitalportfolios.

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM403A, CM503A 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

DIGITAL REVOLUTION: Your Classroom & You

In 10 short years, the social media revolution has disrupted our world and how we educate our students. Explore how Facebook, Twitter, Pinterest, Snapchat and other social media are enabling an expanded sense of identity and altering communication. Learn the impact on old social structures, norms and practices. What does this mean for education in your K-12 classroom? This course addresses that question. Learn more about the course here: <http://smarturl.it/DRevolutionOverview>

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM402G, CM502G 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



Michael Boll, M.A., is an Apple Distinguished Educator, Google Certified Educator, Entrepreneur, Podcaster and Technology Coach at International School, Bangkok. Michael has a teenage son with profound autism and is keenly in the special needs community and its population of diverse learners. This interest led Michael and his wife, Lori Boll, to open an innovative school in Shanghai, Shine Academy, for their son. For more information about Michael, check out his personal website: www.michaelboll.me



GOOGLE APPS FOR EDUCATORS & SCHOOLS

Google has a wide range of apps that can enhance your K-12 lessons. Designed for educators and schools, these apps support teachers in collaboration and in resource sharing, provide you a bridge to parents and community, engage students and more. In addition to learning and implementing Google Apps, you will create motivational and relevant classroom activities, teacher support materials, and assessment tools. Materials are free online.

INSTRUCTOR: Chris Hill, M.E.T.

COURSE NO: CM401P, CM501P 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



GOOGLE CLASSROOM

Broaden your instructional tools by learning to use Google Classroom. You can create enhanced K-12 assignments, make announcements, start discussions, keep organized, boost student engagement and implement real-time communications. You will develop your own Google classroom and implement a lesson. Collaborate with colleagues too. Open to educators who have already adopted Google Apps for Education. No additional fees. All course materials are free online.

INSTRUCTOR: Charity Staudenraus, M.A.T.

COURSE NO: CM402P, CM502P 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



GOOGLE CLASSROOM 2.0: NEW Beyond The Basics

Use of Google Classroom to create a more organized, coherent classroom feed geared toward student success. You will maximize communication with guardians. Discussions, Rubrics, and Grading will also be explored. You will experiment with add-on functions to tailor the learning experience to individual needs. For K-12 educators proficient in Google Classroom who want to go to the next level. Collaboration is possible. No required text for this class, all materials are free on-line.

INSTRUCTOR: Charity Staudenraus, M.A.T.

COURSE NO: CM402Y, CM502Y 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU



GOOGLE DRIVE ACROSS THE CURRICULUM

Teachers, administrators and other school personnel will learn how to use Google Drive, a FREE, web based Microsoft Office alternative. With Google Drive, all of your work is automatically saved online where you can access it from any computer without updating software. All you need is a Gmail account! You will create and enhance K-12 classroom lessons, activities or support materials. For professional as well as personal needs: includes word processing, spreadsheets, PowerPoint type documents, quizzes and surveys. No text fee reading is online.

INSTRUCTOR: Chris Hill, M.E.T.

COURSE NO: ED446K, ED546K 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



iPAD APPS FOR ALL CLASSROOMS: Pre K-12

Do you want to take your Pre K-12 iPad curriculum to the next level? In this course, you will learn the basic app foundation for your digital education toolkit. You will select from Bloom's Taxonomy, Gardner's Multiple Intelligences or SMAR digital pedagogical framework to support your choices. Discover evaluative app rubrics and formative assessments for your individualized curriculum areas. Some additional equipment and download costs may apply. iPad 1 or iOS 5.1 or later required.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: CM402C, CM502C 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



PIXAR STORYTELLING: NEW STEM to STEAM

Art, history, science, math, and literature can come alive through digital storytelling. Thanks to the Pixar Studios/Khan Academy partnership digital storytelling is now a simple, entertaining skill to learn. Short video modules help you create animated stories and presentations. Lessons incorporating art, science, technology, math and design are available for grades 4-12. Explore this excellent way to fulfill STEM/STEAM requirements while providing students with 21st century skills. Test and materials: \$12.99 each on Amazon.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: ED465D, ED565D 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



Charity Staudenraus, M.A.T., received her BA and MAT from Willamette University. Charity has experience teaching math, science, social studies, business, and language courses at the middle and high school level. She is currently serving on the 2014-2017 Oregon Science Content and Assessment Panel as well as the Oregon Instructional Materials Criteria Development Committee. In addition, Charity is consulting on a Rutgers University and WPI project funded through multiple Department of Education and National Science Foundation Grants.

Chris Hill, M.E.T., received his Master of Educational Technology from Boise State University and currently teaches Marketing, Leadership, and Digital Media at Lake Oswego High School. His diverse teaching experience includes teaching at The International School in Tegucigalpa, Honduras. He is one of fifty educators from across the country who was chosen to participate in the 2011 STEM Institute in Washington D.C. He is a member of the Northwest Council for Computer Education and the International Society for Technology in Education. He has served as the Technology Coordinator, Math Department Head, and Activities Director at various schools.





S.T.E.A.M.: Curriculum Integration Including Arts & Design



S.T.E.A.M. is an educational approach to learning that integrates two or more key K-12 subject areas: Science, Technology, Engineering, the Arts and Math. This course will help you blend these content areas to enhance learning across the curriculum. Your students will begin to take thoughtful risks, engage in experiential learning, problem solve, collaborate, and explore the creative process. Text: STEM to STEAM: Using Brain-Compatible Strategies to Integrate the Arts, about \$22 at Amazon.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: ED464Q, ED564Q 2 Quarter Cr
(1.33 Semester Cr)

TUITION: \$185 Credit 400 & 500 level
\$140 Clock/Audit/PDU



STOP MOTION ANIMATION FOR THE CREATIVE CLASSROOM: iPad, iPhone, or Laptop

Watch the excitement build as your students let their creativity fly while developing stop motion films. Using iPads, iPhones or laptop computers they will create basic storyboard ideas with zero to low cost equipment. Working on individual projects or within a collaborative group stop motion animation integrates with every PreK-12 discipline and enhances Common Core Curriculum. This course provides step-by-step instructions and classroom resource ideas. Reading is free online.

INSTRUCTOR: Debbie Supplitt, M.Ed.

COURSE NO: CM402F, CM502F 6 Quarter Cr
(4 Semester Cr)

TUITION: \$495 Credit 400 & 500 level
\$380 CEU/Clock/PDU



TAKING CONTROL OF YOUR DIGITAL LIFE

Overwhelmed with the sheer volume of digital communication each day? This course will help you take advantage of the storage and organization systems available that will simplify your digital life and free up your time. You will learn about personal digital assistants, getting to Inbox Zero, note-taking systems, task management systems, the power of RSS, collabora-

tion tools and how to bring this suite of efficiency tools all together into one place. For more information, visit the course website: <http://smarturl.it/takingcontrolintro>. Texts from \$6 to \$15.

INSTRUCTOR: Michael Boll, M.A.

COURSE NO: CM401R, CM501R 5 Quarter Cr
(3.3 Semester Cr)

TUITION: \$415 Credit 400 & 500 level
\$315 CEU/Clock/PDU

World Languages



HABLA ESPAÑOL: Spanish Basics for Educators Part I

Build a positive rapport with your Spanish-speaking K-12 students by mastering relevant vocabulary and phrases. This introductory course teaches important fundamentals of the Spanish language and basic skills like phone-conferencing and progress reports for effectively communicating with your Spanish-speaking students and parents. \$28 workbook and audio files fee due after registration.

INSTRUCTORS: Deborah Richter, B.A.
Isis Tabares, M.A.

COURSE NO: ED432P, ED532P 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



HABLA ESPAÑOL: Spanish Basics For Educators Part II

Teachers K-12 may move to the next level in this follow-up course to Habla Español Part I. Learn relevant verbs and other grammar skills to help strengthen your communication with your Spanish-speakers. You will acquire more phone and live conferencing strategies while continuing to practice bilingual progress reports and parent-notifications. \$28 material fee due after registration

INSTRUCTORS: Deborah Richter, B.A.
Isis Tabares, M.A.

COURSE NO: ED444E, ED544E 3 Quarter Cr
(2 Semester Cr)

TUITION: \$280 Credit 400 & 500 level
\$195 CEU/Clock/PDU



Deborah Richter, B.A., is an accomplished Spanish instructor who has been teaching for more than 25 years. She founded La Única Spanish Instruction center, which offers a variety of workshops and classes for teachers that emphasize strengthening communication and bridging language gaps. Additionally, she arranges and leads adult groups in cultural trips to various Spanish-speaking countries. Deborah holds degrees in K-12 Education and Physical Education from Whitman College.

Isis Tabares, M.A. is a native Spanish-speaker who was born in Colombia, South America. She earned a Bachelors degree at Pacific Lutheran University, majoring in Spanish, Education, and Latin American Studies. She earned a Masters Degree at the University of Salamanca, Spain and is a National Board-Certified Teacher. Isis contributes greatly to her community's language and cultural needs while supporting their desire to learn Spanish.



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ADMISSIONS.AUS@ANTIOCH.EDU

The Heritage Institute

INFORMATION and POLICIES

REGISTRATION • You may register online at any time: www.hoLedu or by phone 800.445.1305. Or mail a registration form to: The Heritage Institute, PO Box 1273, Freeland WA 98249 or fax to 360.341.3070.

CUSTOMER SERVICE HOURS • The Heritage Institute customer service hours are 9am-5pm PT, Mon-Thu. Call 360.341.3020

CREDIT • The Heritage Institute (THI) courses are based on Continuing Education quarter-system credits. Three (3) quarter-system credits are equal to two (2) semester-system credits. For full quarter vs. semester conversion see the equivalency table on the inside front cover page. THI Continuing Education quarter-system credits are offered at the 400 level and 500 level through Antioch University Seattle.

Antioch University Continuing Education credits are acceptable in most states toward educator re-certification and within most school districts for salary advancement. Educators should check with their district administration and/or state office of education before registering for a course. Please also review the policies page on our website: www.hoLedu for more information.

CREDIT LIMIT • There is a limit of 9 Quarter Credits each in the Fall, Winter, and Spring Quarters (equivalent to 6 semester credits). The limit is 15 Quarter Credits during the Summer Quarter. However, there is an annual limit of 25 Quarter Credits that may be taken during any one-year period.

GRADES • Antioch University Seattle Continuing Education quarter-system credit is offered on a credit/no credit basis; letter grades are not issued. At the 400 level, credit is only awarded for work of 'C' or better quality. For 500 level, credit is only awarded for work of 'B' or better quality.

CERTIFICATE OF COURSE COMPLETIONS • Download a Certificate of Course Completions at: report.hoLedu Enter your email address and password. For further assistance contact THI Customer Service: customerservice@hoLedu.

CEUs – CONTINUING EDUCATION UNITS • The Heritage Institute offers Continuing Education Units (CEUs). One CEU equals ten hours of completed course work. Completed CEUs appear on Certificates of Course Completion.

THI CEUs, WA CLOCK HOURS & OREGON PDU HOURS • THI CEUs, Washington Clock Hours and Oregon PDU Hours do not appear on an Antioch transcript. If you take a course for Clock Hours or Units, your completion certificate will be emailed to you. Keep a copy for your records. THI is an approved provider of Washington State Clock Hours and Oregon PDUs. We are on the Washington OSPI website listed under the name Educating for Humanity Institute.

CEU LIMIT • There is a limit of 9 CEUs (90 Hours) in the Fall, Winter, and Spring Quarters, During the Summer Quarter there is a limit of 15 CEUs (150 Hours). However, there is an annual limit of 25 CEUs (250 hours) that may be taken by an individual during any one-year period.

HOURLY LIMIT • There is a limit of 90 Washington State Clock Hours or Oregon PDU Hours in the Fall, Winter, and Spring Quarters, During the Summer Quarter there is a limit of 150 clock hours or PDU hours. However, there is an annual limit of 250 Washington Clock Hours or Oregon PDU Hours that may be taken by an individual during any one-year period.

CREDIT & HOUR LIMIT WAIVER • To exceed the limit of Quarter or Annual Credits, THI CEUs, Washington Clock Hours or Oregon PDU Hours, send a request to The Heritage Institute Registrar, registrar@hoLedu, listing the courses you want to take, their credit or hour value, and rationale for the limit waiver.

COMPLETION • Completion time for all Online, Distance and Customized Independent Study courses is within six months from the date of registration.

EXTENSIONS • There is a \$20 administrative fee for each course extended. Requests need to be received at THI at least one week prior to your required completion date. A one-time extension of six months may be obtained for all Online, Distance and Customized Independent Study courses.

COURSE LEVEL CHANGES • Course level changes may be done via phone or email to The Heritage Institute. Please also notify your instructor of this change. For course level changes made within 30-days of registering refunds or additional charges will apply. More than 30-days after registering no refunds will be issued, but addition tuition must be paid, if applicable.

CANCELLATIONS & REFUNDS • Cancellation requests must be received by The Heritage Institute within 30-days of registration to qualify for a tuition refund (minus a \$20 administrative fee for each course cancelled). Thirty-days after registration full tuition is forfeited. Cancellations may be sent by Fax or Email. Transcripts will be held until all fees are paid. For Workshops policies, please contact your instructor directly.

SYLLABI SUMMARY • Part of each course syllabus is viewable before registration on the course description page. If a full syllabus is required before registration, contact customerservice@hoLedu.

PAYMENT • Full payment for courses by Visa, MasterCard, American Express, Discover, check, or P.O. is required when registering. Make checks payable to The Heritage Institute and mail to: The Heritage Institute, PO Box 1273, Freeland WA, 98249. NSF checks incur a \$20 charge.

PURCHASE ORDER • To register with a purchase order, send your completed registration form to your district with instructions to forward it to THI with the purchase order.

ADDITIONAL POSTAGE • Additional charges will apply to teachers outside the U.S. obtaining Distance Course materials from the instructor after registration.

THE HERITAGE INSTITUTE & ANTIOCH UNIVERSITY'S RELATIONSHIP • The Heritage Institute and Antioch University Seattle are separately incorporated and are affiliated by a contractual agreement under whose terms Antioch University Seattle reviews and certifies the appropriateness of course content and instructor credentials.

TRANSCRIPTS • Transcripts are only available if you have earned Continuing Education credit at the 400 or 500 level. THI CEUs, WA Clock Hours and Oregon PDUs DO NOT APPEAR on an Antioch Transcript. Request THI CEU, Clock Hour or PDU certificates directly from THI. Transcripts for Continuing Education credits must be requested through the National Student Clearinghouse Transcript Ordering Center at: www.getmytranscript.com. To be sure all courses completed within the past 60 days are included, review your Certificate of Course Completions online: Report.hoLedu, before ordering a transcript. Transcripts are processed with those credits posted as of the date the order is received. It is important that you do not order before receiving credit verification. Read 'How to Order a Transcript' at: www.hoLedu

Transcript fees are payable using Visa, MasterCard and other major credit cards. Once credit for your recently completed courses has been received by Antioch, transcript processing generally takes 1-2 weeks. Rush processing is available for an additional fee. For more information, contact Antioch University Seattle, Registrar's office at 206.268.4202.

The Heritage Institute

Register by Mail or Online

<https://www.hol.edu/cart.cfm>

Mail Reg. Form to:

The Heritage Institute

P.O.Box 1273, Freeland, WA 98249

Phone: 360/341-3020 Fax 360/341-3070

First Name

M.I.

Last Name

Permanent Mailing Address: City/State/Zip

()

Home Telephone

()

Daytime Telephone

SS#

E-mail Address

School District Name

Grade Level (Circle One): Pre-K K-3 4-5 6-8 9-12

Position (Circle One): Teacher Admin Student Faculty Librarian Counselor/Psychologist

Type of Organization: (Circle One) Public School Private School College/University Daycare Other

Credential (circle one): Bachelors Masters Ph.D. Other

Subject Taught

COURSE CREDITS REQUESTED CHECK ONE BELOW:

☐ 400 Level

☐ 500 Level

☐ WA Clock Hrs

☐ OR PDU's

☐ CEUs

I request registration in the courses indicated below:

TUITION

COURSE NUMBER

QUARTER CREDITS

COURSE NAME

COURSE NUMBER

QUARTER CREDITS

COURSE NAME

COURSE NUMBER

QUARTER CREDITS

COURSE NAME

COURSE NUMBER

QUARTER CREDITS

COURSE NAME

For what purpose will you use your continuing education credits?

☐ Recertification ☐ Salary Advancement ☐ Professional Development

☐ Other

TOTAL TUITION \$

When will you next renew your license/certification? _____ Month _____ Year

GROUP COLLABORATION:

☐ I am enrolling in a group.

☐ I have read and understand the group collaboration guidelines located on THI's website .

☐ List group members (maximum of 4)

Payment is due in full by check, credit card, P.O. or M.O. Check one:

☐ CHECK # _____ AMOUNT \$ _____

☐ P.O. # _____ AMOUNT \$ _____

☐ M.O. # _____ AMOUNT \$ _____

☐ VISA ☐ MASTERCARD ☐ AMEX ☐ DISCOVER

Materials fees to be paid directly to the instructor.
Do not include with tuition.

NOTE Additional postage charges will apply to
international mailings.

Exp. _____ 3-4 digit Sec. Code: _____

AGREEMENT: I have read and agree to the Policies and Credits statement of The Heritage Institute catalog and website.

Signature _____ Date _____

Check out our website for workshops, field studies
and travel study programs.

Go to: www.hol.edu click:

Courses

(A New World of Learning)

DISTRICT IN-SERVICE PRESENTER

DR. MICHAEL SEDLER
MOTIVATIONAL TEACHING



Dr. Michael Sedler is a leading northwest trainer on reducing student non-compliance while increasing cooperation and engagement. In his 30-year career he has taught and consulted with over 10,000 educators, within schools and districts across the US.

Whether rural or urban, today's classrooms are challenging, exhausting, and at times discouraging. Dr.

Sedler realizes the critical link between classroom climate, teacher hope, teacher enthusiasm and outstanding student academic outcomes for educators at all levels, PreK-12. His straightforward and inspirational approach is mixed with an appropriate level of humor and candor.

*For further information and references please contact mike@communicationplus.net or 509.443.1605.
You may find more information at the website: www.michaelsedler.com*
